



SUMMER CREDIT COURSE – EQUIPMENT LIST

Some things to keep in mind when packing:

- **Remember, you are here for up to 12 nights/13 days. Pack accordingly** as there is **no laundry service**.
- There is limited storage space in the residence (shelves and drawers are not available).
- A 3-5 tier plastic drawer unit is useful in the cabin and can help you organize your clothing and personal items.
- Wool and synthetic layers are better for damp, wet and colder conditions.
- Keep expensive clothing and belongings at home. Label clothing and personal items for easy identification.

This list (and quantities) is a recommendation. Some students will feel the need to bring or more less of certain clothing items based on their own needs and wants 😊

CLOTHING:

- ☐ Shorts (4+)
- ☐ Pants (4+) 2 pairs preferably not jeans or sweat pants
- ☐ T-shirts (7+) and Long-sleeve shirts (2-3)
- ☐ Sweater or Sweatshirt (2-3)
- ☐ Socks (13) and Underwear (13)
- ☐ Sleep wear (1+)
- ☐ Light or medium jacket (for cool days and nights)
- ☐ Rain Gear: Jacket (very important) and pants
- ☐ Baseball cap or sun hat – MANDATORY!
- ☐ Bug head net/Jacket (recommended)
- ☐ Swimsuit (1-2)
- ☐ 2 pairs of sturdy running or hiking shoes (1 pair to keep dry, 1 pair to get wet/dirty)
- ☐ 1 pair of water shoes (these should be sturdy with toe and heel covering – No sandals. Old running shoes or Keens are appropriate, crocs with heel strap is okay)
- ☐ Sandals and/or slippers for indoor spaces
- ☐ Sunglasses

REQUIRED SCHOOL SUPPLIES:

Each student will be required to bring a large bin to hold their own supplies.

- ☐ 1 Plastic Bin that can hold all your school supplies
- ☐ Clipboard with your name on it
- ☐ 1 Large (2-3") Binder
- ☐ 3 Ring Dividers with tabs (5 Tabs)
- ☐ Scissors, Clear tape, glue stick
- ☐ Markers and/or pencil crayons
- ☐ Ruler and/or Geometry Set
- ☐ Pencils, Pens, Pencil sharpener and case
- ☐ small packs of 3-ring paper
- ☐ Day Pack (ie. school back-pack)
- ☐ Portable Camp Chair (for outdoor classroom and evening campfires)

EQUIPMENT:

- ☐ **1 - 2 durable water bottles (label with name)**
- ☐ Beach/swim towels (2),
- ☐ Bath towels/hair and face cloths (1-2 each)
- ☐ Personal toiletries (soap and shampoo, hygiene products, toothpaste, etc)
- ☐ Personal hand-washing soap for in cabin
- ☐ Minimum 2 small hand sanitizers (class/backpack)
- ☐ Sunscreen (SPF 30+) AND insect repellant
- ☐ **Watch** (for being on time) NO watches that can connect to cell/WiFi)
- ☐ Flashlight and/or headlamp (and batteries) – essential for when out at night
- ☐ Travel Mug (for warm drinks)
- ☐ Laundry Bag for dirty clothes
- ☐ Rope and clothespins for hanging wet and damp towels/clothes outside of cabin
- ☐ Small fan for in cabin...some students say an essential item and helps with air flow!

The following are required ONLY if you already own or can easily borrow:

- ☐ Properly fitting Lifejacket and Paddle

DO NOT BRING:

- Candles, incense, mosquito coils, or any other flammable items
- Javex or other hazardous cleaning products
- Weapons, knives, lighters/matches, fireworks
- NO Kitchen/Cooking appliances /Cooking appliances: (ie. Hot plate, Toasters). **Only an auto-off kettle is permitted.**
- No personal curling or hair straighteners due to cabin fire hazard (Hair dryers permitted).
- **No Electronic Items in Cabin Residences** (NO cell-phones, e-readers, stereos, Ipods, MP3 Players, video games, iPad/tablets, I/e-watches or any other electronic items). It's time to connect with your cabin mate(s) in person!

OPTIONAL (for cabin use)

- ❑ Personal snacks and drinks for in the cabin (**NUT FREE**). Please keep all food in a sealed bin to avoid attracting “critters”.
- ❑ Cabin Kettle (auto-off only) if bringing snacks like hot oatmeal, ramen noodles, etc...
- ❑ Your favourite blanket, stuffed toy, board games/cards, small portable stereo (no WiFi), musical instrument, drawing/journaling supplies, books/magazines to read, craft materials.
- ❑ Small fan
- ❑ Noise machine (ie. from baby department) if needed for white noise, etc for sleeping.

Personal over the counter AND prescription medication

- ❑ Students will not be permitted to keep any medications with them throughout the duration of the session, other than personally sensitive or essential items such as some creams, birth control, asthma inhalers, Epi-pens, etc...
- ❑ Student medication (prescription and non) will be kept in locked storage medical bins and accessible as/when needed (as prescribed) and/or after a health assessment has been made (ie. Advil for a headache or menstrual cramps). **More details will be provided in a separate email on how to prepare these for the session.**

TECHNOLOGY (if bringing)

- ❑ Student cell phones and chargers/cords should BOTH be labelled and placed in a Ziplock bag with your student's name on it. These will be stored in a classroom until needed for scheduled “tech-time”.
- ❑ If bringing a laptop – although not required (please ensure that it is in a case with charging cord) and all parts are labelled. These will be stored in a classroom bin until needed for classroom use.

BEDDING/PILLOWS are PROVIDED by the CEC in the cabin.

A small fridge is also included in the cabin.

NEW! Celebrate the completion of the first half of the credit on the FIRST FRIDAY with a special dinner! - “Freaky, Fancy, Funny Feast!”

Bring something to wear or add to your attire that fits the title 😊 (keeping with appropriate clothing attire)

